REMEMBER…do not use cellular phones while operating heavy equipment. Use the voicemail messaging feature and return calls during breaks or equipment downtime.

Research has found that engagement in conversations is more often a factor in collisions than hand/eye distractions. Operators having phone conversations become inattentive to the task at hand, resulting in careless or negligent operations of moving vehicles.

You should never use a cell phone to send or receive a text message while operating equipment.

Cell phone usage delays your reaction time.

Co-workers can even be distracted by others using cell phones.

The thought process either during or immediately after a phone call often impairs judgment of the operator of vehicles or equipment.

Always pull over to a safe location to complete your phone call.

Not only does cell phone usage delay reaction time, but while used on adverse road conditions it can contribute to an accident.

Turn cell phones off near any blasting area.

Do not operate a cell phone near any flammable liquids.

There are three kinds of distracted driving: Visual, Manual and Mental. Texting involves all three.

Don't let this happen to you...IT'S YOUR CALL!